

SURVIVOR OUTREACH SERVICES

We provide our Gold Star Families and our Families of the Fallen the most current information on benefits, entitlements, and access to long-term financial and emotional support, supportive counseling, and information and referral services.

TRANSITION ASSISTANCE ADVISOR

Provides the tools and information for service members to navigate the VA system of benefits and utilize other resources in the community in order to make a smooth transition from active duty to the National Guard or civilian life.

CAREER & EMPLOYMENT SERVICES

The **Citizen Soldier for Life Program's** initiative is designed to provide relevant and timely workforce training, education information, employment opportunities, and financial training to soldiers in transition from active duty to the National Guard or civilian life.

THE VERMONT MILITARY FAMILY COMMUNITY NETWORK (MFCN)

A Community Capacity Building network comprised of Family Programs staff, military service providers, community partners, and other stakeholders. Our mission is to identify the issues and challenges facing our service members, veterans, and their families, and to determine resources within our communities that can resolve these issues successfully.

KITCHEN SPOONS & COMBAT BOOTS

The Family Programs staff hosts ongoing webinars that feature a variety of topics. These opportunities have been created to educate the military community on the available resources and services of the designated topic. The content shared has been selected based on previously identified gaps in services. These webinars allow the Family Programs staff to connect to geographically dispersed individuals affiliated with the military community.



MILITARY & FAMILY SUPPORT CENTER

888-607-8773

WE'RE HERE FOR YOU, 24/7



Check out our Family Programs website for more information and the latest updates to the programs!

<http://www.ngfamily.vt.gov/>



Follow us on Facebook!

[Facebook.com/VTNGFamilyPrograms/](https://www.facebook.com/VTNGFamilyPrograms/)



How are we doing? Tell us using Survey Monkey!

<https://www.surveymonkey.com/s/VT-FP>



VERMONT NATIONAL GUARD



FAMILY PROGRAMS MISSION:

provide education, support and resources through community, state, and federal programs, to ensure service members, families, and veterans have the knowledge and resiliency to support mission readiness and retention.

Our vision:

Provide the services and resources our service members, veterans and families need to maintain their physical, emotional, financial, and spiritual health and well-being.

Our values:

Our pledge to our service members, veterans and their families:

- Integrity
- Accountability
- Commitment
- Respect
- Teamwork

PROGRAMS & SERVICES:

24/7 MILITARY & FAMILY SUPPORT CENTER - 888-607-8773

Our 24/7/365 centralized call center is available to you and your family. Our call specialists are available to answer your questions and direct your call to resources for financial assistance, military service providers, education, VA benefits and much more.



VERMONT VETERANS OUTREACH

Our outreach program is a one-of-a-kind program that delivers invaluable services to our Vermont Veterans—from all branches of military, even after retirement. Our specialists help veterans navigate the VA benefits and health care administrations, as well as financial resources, mental health services, and exceptional peer-to-peer assistance. Our outreach specialists are located throughout the four corners of Vermont.

FAMILY ASSISTANCE CENTERS

Our Family Assistance Center Specialists are our one-stop-shop for resources and referrals to service members, families and veterans from all branches. Those currently serving as well as retirees are eligible for these services. Our Family Assistance Center specialists are located in armories around the state.

CHILD & YOUTH PROGRAM

Our Child & Youth program provides a supportive environment for children and youth through activities and events specifically designed to encourage personal growth, strength of character, resilience, and moral development in peacetime, and through all cycles of deployment.

FAMILY READINESS SUPPORT

We empower commanders in their duty to deliver a “Total Army Family Program” so that soldiers and families are entitled, informed, educated, assisted, and made ready for the unique demands of military life before, during, and after deployment.

MILITARY ONESOURCE

A 24/7 resource/referral program that assists service members and families who are currently serving or are within their 365 days separation window with a variety of services including non-medical counseling, money management, spouse employment/education. etc.

AIRMAN & FAMILY READINESS OFFICE

The Airman and Family Readiness staff is your link to valuable resources. Those include information and referrals, personal and family readiness, Air Force Aid Society (for active duty), personal financial readiness, employment services, personal and work life education, volunteerism and Yellow Ribbon events.

MENTAL HEALTH & FINANCIAL COUNSELORS

Often times mental health and financial health go hand-in-hand. The stressors caused by financial worries can impact our emotional well-being. Our mental health counselor is licensed and provides non-medical, solution-focused counseling, which is private and confidential. Our accredited personal financial counselor is available to meet one-on-one to offer assistance with budgets, credit building, debt reduction, and retirement planning. Both counselors are available to assist service members, veterans, spouses, couples, and families.





VERMONT VETERANS OUTREACH

Coming back is the other half of the battle



Photo courtesy of National Guard Bureau

Are you still on combat tempo?

No vacations from vigilance. When you walk out the front door, you still expect to be shot at. When you drive, you're on high alert for IEDs. Maybe you've got chronic headaches. Unexplained vertigo. Inability to focus, temper out of control, memory loss, sleeplessness, trouble being around other people. Total lack of interest in whatever you used to love - hunting, fishing, sports, reading. These are some of the symptoms of Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI).

The same pride and determination that pulled you through your training and your tour may be keeping you from getting help.

That's our particular mission, at the Vermont Veterans Outreach Program. To identify the invisible wound, and help you get treatment. We can also hook you up with financial assistance and many other services. All interactions with us are confidential.



U.S. Army photo by 1st Lt. Randy Lynch

Mission Statement

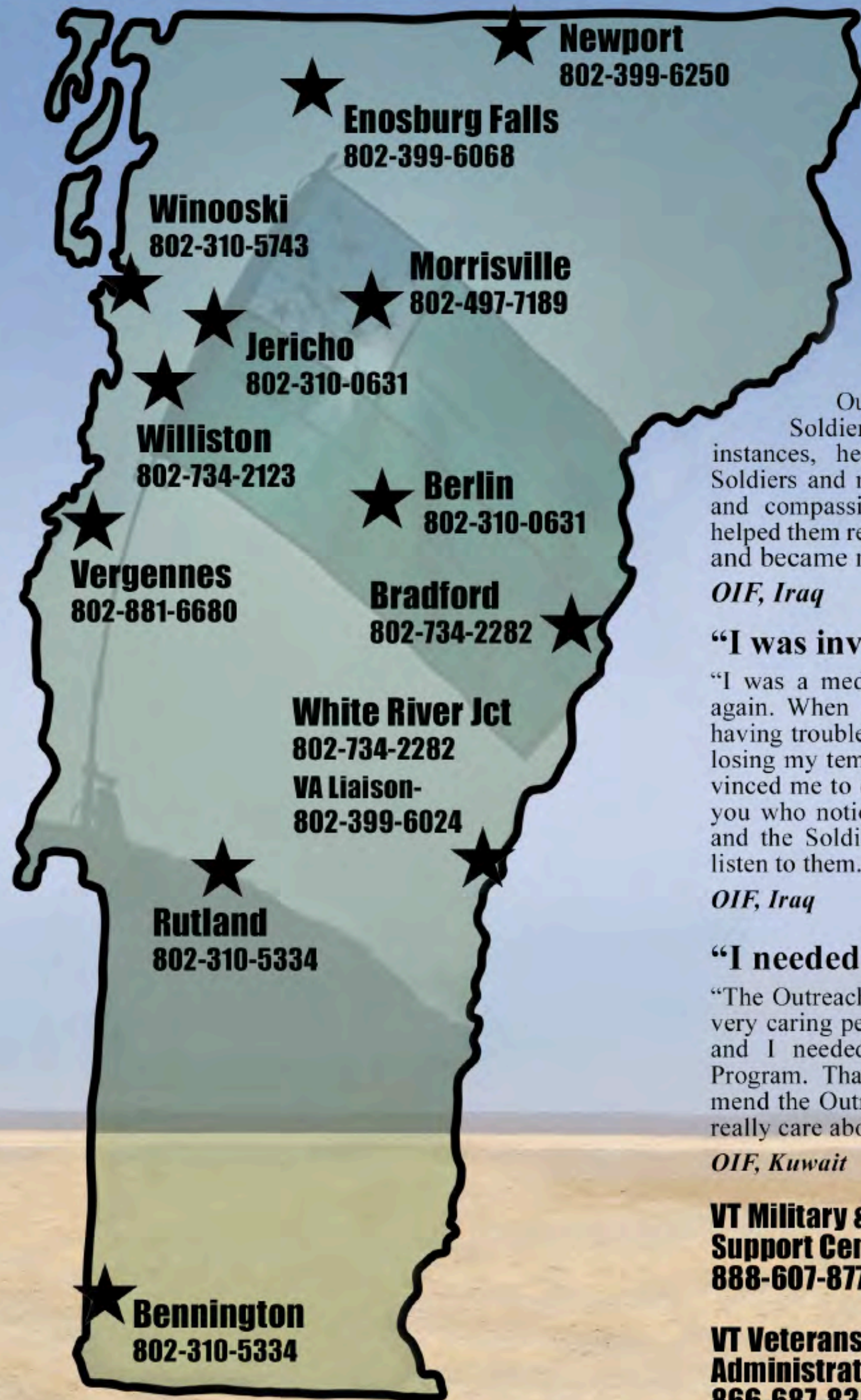
Vermont Veterans Outreach Program provides ongoing assistance primarily to combat Veterans. Support is provided by identifying any potential needs and facilitating the process of accessing all available services.

Partnering with the Family Programs Family Assistance Specialists and other local, state and federal agencies in order to address the concerns of Veterans by responding in a prompt and confidential manner.

Contact info inside...



Call an Outreach Specialist in your area:



“The genuine concern for the soldiers and their families is outstanding.”

“As a first Sergeant, I asked the Outreach Program for help for my Soldiers and for my own family. In all instances, help was quickly forthcoming. My Soldiers and my family were treated with respect and compassion, and guided to resources that helped them resolve their problems. And they grew and became more self-sufficient as a result.”

OIF, Iraq

“I was involved in 18 IED attacks.”

“I was a medic, and I went back out again and again. When I came home, I thought I was just having trouble adjusting. I was losing my balance, losing my temper. My wife sat me down and convinced me to call Outreach. It’s the people around you who notice something’s wrong - your family and the Soldiers you served with. My advice is, listen to them.”

OIF, Iraq

“I needed help and found it.”

“The Outreach Program is very organized and has very caring people that work there. I am a Veteran and I needed help and found it through this Program. Thank you Outreach! I highly recommend the Outreach Program for all Soldiers. They really care about you as a person.”

OIF, Kuwait

VT Military & Family Support Center 24/7
888-607-8773

VT Veterans Administration (VA)
866-687-8387

